



Health Solutions Center of Arizona

Trail, Western or English, Your
Best Ride is A Balanced Ride

Custom Health Therapies For Equestrians

Chronic pain, stiffness and acute injury keep you from enjoying your ride, diminishing performance for both you & your horse. Injury rehabilitation, postural balancing, & increased flexibility can bring you to peak performance whether you're flying with your horse over jumps or strolling along scenic trails. We offer tailored treatment therapies to get you back in the saddle and feeling great!

At Health Solutions Center We Offer:

- Release & Balance® Method
- Cold Laser Therapy
- MMRT
- Cranial Sacral
- Myofascial Release
- Vibracussor™ Instrument Method
- Accu-Stim™ Instrument Method
- Soft Tissue Mobilization
- Neuromuscular Reeducation
- Balance & Coordination Training
- Laboratory Analysis for Nutrition
- And more...

480-575-2727

HEALTHSOLUTIONSCENTERAZ.COM

We have assisted many
equestrian patients recover
from injuries, improve
postural balance, flexibility
and more

Let us assist you to reach
your riding goals & create
better connection for you &
your horse.



Health Solutions Center of Arizona

John Gangemi Chiropractic Physician

480-575-2727

healthsolutionsaz1@gmail.com

HEALTHSOLUTIONSCENTERAZ.COM

7301 East Sundance Trail
Suite D-103

Carefree, AZ 85377